

Grant County Health Department

105 S. Glenn, Ulysses, KS 67880

620-356-1545 (Phone)

March 16, 2020

Dear Residents of Grant County,

With the recent talk about Coronavirus(COVID-19) we want to assure you that your health and safety is our top priority. The Grant County Health Department is working closely with other local and regional agencies to prepare a community-wide plan for management of the event of any Coronavirus(COVID-19) occurrence in Grant County or the surrounding region. Grant County has zero confirmed cases of COVID-19 at this time.

If you have recently traveled to a known infected area, have had exposure to someone who has COVID-19, or are experiencing mild to severe respiratory illness, **including fever, cough, and shortness of breath, please call Grant County Coronavirus(COVID-19) Hotline at 620-356-6006. DO not go to your healthcare facility without receiving prior instructions.**

KDHE is now recommending 14-day quarantine for Kansans who have:

- Traveled to a state with known widespread community transmission(currently California, New York and Washington State) on or after March 15th.
- Visited Eagle, Summit, Pitkin and Gunnison counties in Colorado within the past week
- Traveled on a cruise ship on or after March 15th
People who have previously been told by Public Health to quarantine because of their cruise ship travel should finish out their quarantine.

How is the virus spread?

- Primary method of spread: person-to-person through close contact(6 feet) for at least 10 minutes
- Respiratory droplets produced by an infected person when they cough or sneeze
- Secondary method of spread: through a contaminated object

If you are sick:

- Call Grant County's Coronavirus(COVID-19) hotline at 620-356-6006 before visiting your doctor
- Stay home except to get medical care, including public areas
- Cover your coughs and sneezes, and clean all highly used surfaces daily
- Wash your hands often for at least 20 seconds; use hand sanitizer with at least 60% alcohol if washing is not an option; avoid touching your face
- Monitor your symptoms and seek prompt medical attention if symptoms are worsening. Call 620-356-6006 before going to your provider.

Practice Preventative Actions

- Avoid close contact with people who are sick and stay home if you are sick
- Cover your coughs and sneezes, and clean all highly used surfaces daily
- Wash your hands often for at least 20 seconds: use hand sanitizer with at least 60% alcohol if washing is not an option; avoid touching your face.
- Avoid any unnecessary travel

For more information on the status of coronavirus(COVID-19) in Kansas and Grant County, or if you suspect you may have been exposed to Coronavirus, contact the Grant County Coronavirus(COVID-19) Hotline, available 24/7, at 620-356-6006. For updates regarding the status of COVID-19 in Grant County and for educational resources, follow the Grant County Health Department on Facebook.

Sincerely,



Toni Irvin